



# THE TRINITARIAN

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## Celebrating St. Joseph

On March 19th the Ruth and Esther Daughters Of the King Chapter hosted the inaugural celebration of the feast of St. Joseph in the parish hall.

The evening began with Father Bob celebrating Night Prayers from the New Zealand Prayer Book at 5:30 in the church prior to the meal.

Grace and friends served a delicious, authentic, homemade Italian feast of spaghetti and meatballs, manicotti, fettucine alfredo, salad, Italian bread, and decadent desserts.

The night was filled with fellowship, laughter, wine, and fun. If you weren't able to attend--you missed a wonderful community expression. Put it on your calendar for next year!

Monetary donations received at the dinner will be used for Trinity's Outreach Program.





# DOK Women's Lenten Retreat

On March 9th, the Ruth and Esther DOK Chapter hosted a Women's Lenten Retreat. 27 women joined together to reflect, refresh and renew. Women of all ages, moms-on-the-go, career women, and empty nesters shared the morning with each other. We also welcomed the ladies from the DOK Miriam Chapter from St Stephens in Erwin.

The retreat was filled with heartfelt stories, thanksgiving and fellowship!

Submitted by the Ruth and Esther DOK Members



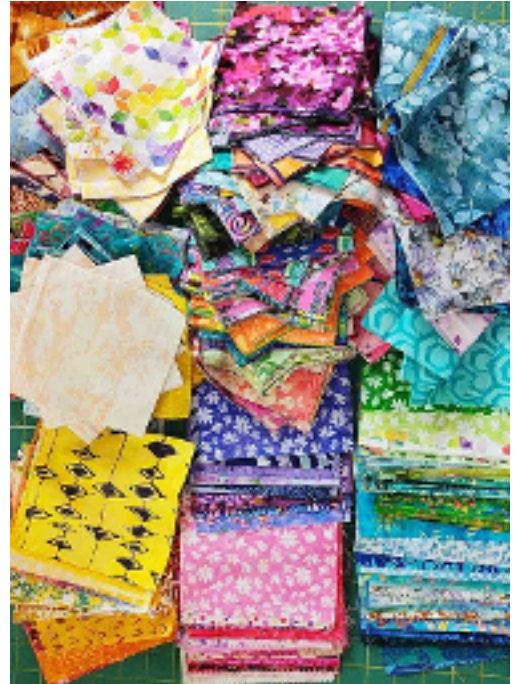
# Crafty Stitchers meet April 17

The next Crafty Stitchers meeting is April 17, 2024. We will be having a social get together, maybe play some games, and try to plan an agenda for the next few months.

Marilyn has decided that this will be her last month leading the group. Thank you, Marilyn for all the fun we have had with you.

Cyndie Heim-Cohn volunteered to take over the planning and leading of the group.

In other news, we have completed enough squares for our quilt and Cyndie is working on getting assistance with putting it together.



## Let Us Pray For You.

Prayer is an integral part of our daily life. Your contemplations, concerns, thanksgivings, and celebrations can be daily prayers.

We know and trust that God hears all prayers: those that are spoken and those that are kept close to the heart.

Email your prayer request to:  
**trinitypray4me@yahoo.com**

Please note that this is a new email address.

The Daughters of the King will lift up your requests in prayer for 30 days unless otherwise specified. All requests are confidential.

*Rejoice always, pray without ceasing, give thanks in all circumstances; for this is the will of God in Christ Jesus for you. 1 Thessalonians 5:16-18*



# April Birthdays



April 1	Bobby Norris
April 11	Bob Thomas
April 12	Mason Cranford
April 14	Jack Lilie
April 20	Steve Teague
April 21	Marilyn Fischer
April 26	Douglas Kern

If we missed your birthday or have the wrong date, please email [srwarden@trinityfuquay.org](mailto:srwarden@trinityfuquay.org)

## You Need the Altar Guild. The AG needs YOU!

Everyone enjoys the beauty of Trinity's services. Everything is ready and in its place as the organ begins to play. None of this happens magically.

The Altar Guild keeps the sanctuary in a state of readiness for worship.

The activities are not hard or time consuming. The reward is immeasurable, and the camaraderie can't be beat. There are many different ways to participate, and some can be done in the comfort of your home.

Experienced Altar Guild members are ready to mentor one and all.

Please consider joining this vital ministry for our church. Contact **Grace Kern** ([teachichs1@gmail.com](mailto:teachichs1@gmail.com) or **973-632-4716**) for more information or to volunteer. Can we count on YOU?

# Easter Season Liturgical Changes

As with Christmas, Easter is not just a single day in the Episcopal Church. It is a season. We mark the changing season with intentional changes to the liturgy.

The most obvious change is the shift to Rite II and Prayer B.

## **Alleluia:**

Since Ash Wednesday, the Alleluias have been omitted from our liturgies. "Alleluia" is the Latin form of the "ancient [Hebrew] praise-shout 'Hallelujah,' which means, "Praise the Lord," which in the Western Church became a "characteristic expression of joy." We welcome back the "Alleluias" on Easter Day.

## **The Paschal Candle:**

The Paschal or Easter Candle is a candle of large size which represents Christ's person and whose flame symbolizes Christ's Resurrection as "the light of the world." Placed in a candle stand on the liturgical north side of the church, it is a dramatic symbol of Easter. In medieval times, the Paschal Candle often reached a stupendous size – the Paschal candle of Salisbury Cathedral was said to be 36 feet tall. When lit from the New Fire on Easter Eve, the candle is brought into the darkened church, representing Christ's tomb. The Deacon chants the Exultet, a hymn of joy and exultation, and other candles are lit from the Paschal Candle spreading the light through the Church. This dramatic ritual of the fire service dates back at least as far as the 4th century A.D.

## **Confession and Absolution:**

You may notice that the Confession and Absolution are omitted on Easter Day and throughout the season. This is because the entire Easter Liturgy is Confession of God's redeeming work which frees us from our sin. On this day, we especially rejoice.

## **Standing:**

From earliest Christian times, standing with arms outstretched, was the normal posture of prayer. Eucharistic Prayer B tells us why: "In [Christ] you have delivered us from evil, and made us worthy to stand before you." Standing in a posture of surrender is a symbol of our new life in Christ and of our status as God's beloved children--"fellow heirs with Christ." That's why the Council of Nicea (325 A.D.) forbade kneeling during the "Great 50 Days" of Easter, Easter Day to Pentecost. It is most appropriate to stand, especially during the Eucharistic Prayers, throughout the entire Easter Season.

--Father Bob



# The Trinitarian needs YOU.

The newsletter is only as interesting as YOU make it.

**Anyone can contribute content to *The Trinitarian*.** Celebrate life events with your church family: anniversaries of important events in your life, new jobs, remembrances of God's work in your life, new opportunities, blessings, etc.

Don't worry if you think your writing skills aren't ready for primetime, the editor will be happy to massage the knots out of any tense prose.

Please email all news and articles to **Todd Truffin at [tctruffin@gmail.com](mailto:tctruffin@gmail.com)** (Pictures make the newsletter more interesting!) **The deadline for inclusion is the 20th of each month.**

## Sunday Worship

Meeting in person at 8:00am and 10:30am every Sunday.

The 10:30am Service is LIVEstreamed on our **YouTube** channel **TECFV**.

You can also view past services there whenever you would like.

