



THE TRINITARIAN

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Looking Back on 2022

Woo hoooo, Trinity! January 22 was such a great day, confirming that Trinity is a vibrant, healthy parish, a parish where the people are hearing God's call and trying to follow.

Despite the cold, wet day, the nave was comfortably full. Someone mentioned that when they saw the crowd, they wondered what so many people were upset about.

Instead, a wonderful spirit of unity, joy and love permeated the building. People smiled, laughed, clapped, listened attentively, asked questions to clarify points, or to get more information, and seemed to enjoy themselves.

AnneMargaret Braham, Martin Steel and Bobby Norris rotated off of the vestry. Thank you for your wondrous service!

Lea Lilie, Todd Truffin, and Jim Woodard were elected as new Vestry members. Donna Wooten will be Senior Warden, and, at the vestry meeting following the meeting, Monty Reichert was elected Junior Warden.

Other vestry members are Bo Bierley, Edna Gaston, Catherine Rubin, and Karen Teague. All members of the vestry, including those rotating off and those newly elected were at the meeting.

Financially we are doing well. The year end budget shows over a \$5000 surplus,



although it had been adopted as a deficit budget. The number of financial pledges increased from 46 to 51; the total amount pledged rose from \$117,691 to \$132,700, a huge increase.

The ministry reports show an active, involved, dedicated people, engaged in a number of important ministries, both for the parish itself, and for people outside the parish.

As more and more visitors "Come and See," they see, stay, and get involved.

The Building and Property Committee confirmed that our goal is to build a new building on our present property. That will take some years of planning, fund raising and construction. Our need for better facilities right now is critical. The committee and vestry are exploring interim steps which will meet that need much sooner.

It's exciting to look ahead and see the opportunities before us. Hold on! It will be a great ride!!!



Alex and Shirley Lamont and Sherry and Todd Truffin attended Fuquay-Varina's annual celebration of Martin Luther King, Jr. on Jan 16. Donna Wooten (not pictured) worked as a volunteer for the event. Photo by Genel Webb.

Thank you for being the Church!

I would be remiss if I did not take this opportunity to thank everyone who was so supportive following my surgery. Whether you sent a card or email, paid a visit, cooked a meal, called, or made sure I had a ride to the stores or doctor visits, your outreach was appreciated. Being part of a loving faith-filled community is what Doug and I have found at Trinity. Trinity is certainly the small Church with the big heart. Special thanks, also, to Fr. Bob for his prayers and blessings.

Be assured of my prayers for all of you. May the Blessed Trinity...Father, Son and Holy Spirit...continue to dwell within our parish as we move forward, as apostles, within our ministries.

Lovingly,
Grace Kern

Let Us Pray For You.

Prayer is an integral part of our daily life. Your contemplations, concerns, thanksgivings, and celebrations can be daily prayers.

We know and trust that God hears all prayers: those that are spoken and those that are kept close to the heart.

Email your prayer request to:
prayerrequest@trinityfuquay.org

The Daughters of the King will lift up your requests in prayer for 30 days unless otherwise specified. All requests are confidential.

Rejoice always, pray without ceasing, give thanks in all circumstances; for this is the will of God in Christ Jesus for you. 1 Thessalonians 5:16-18



February (and January) Birthdays

1/4 Brian Perry
1/6 Drayton Wingler
1/11 Raymond Garrison
1/12 Kayla Franz
1/15 Carlene Galvin-Harris
1/22 Renee Wood
1/28 Jim Woodard
2/1 Judy Stewart
2/7 Frank Bowles
2/9 Jack McGhee
2/9 Ellie Yamamoto
2/10 Wendy Cranford
2/14 Angela Norris
2/16 Nancy Joy Barthelemy

2/18 Chad Wingler
2/21 Dylan Stewart
2/22 Carol Stevens
2/25 Annette Stowe



If we missed your birthday or have the wrong date, please email srwarden@trinityfuquay.org

You Need the Altar Guild. The AG needs YOU!

Everyone enjoys the beauty of Trinity's services. Everything is ready and in its place as the organ begins to play. None of this happens magically.

The Altar Guild keeps the sanctuary in a state of readiness for worship.

The activities are not hard or time consuming. The reward is immeasurable, and the camaraderie can't be beat. There are many different ways to participate, and some can be done in the comfort of your home.

Experienced Altar Guild members are ready to mentor one and all.

Please consider joining this vital ministry for our church. Contact **Edna Gaston** (ladybug.gang@gmail.com or **336-592-1157**) for more information or to volunteer. Can we count on YOU?

Help the Episcopal Farm Workers Ministry



You have read and heard much about the Episcopal Farmworker Ministry that Trinity supports. Several members help distribute food every other week, and we have participated in various big events to celebrate with and support these children of God.

Shirley Lamont brings to our attention another opportunity to serve the Episcopal Farm Workers Ministry:

Any confirmed member of the Episcopal Church from either the Diocese of North Carolina or the Diocese of East Carolina is eligible to apply to serve

on the EFWM Board of Directors. Should you apply and be accepted, you would serve a 3 year term.

The current board is made up of Bishops from both diocese and is chaired by Rev. Meg Smith (pmegsmith@gmail.com). Also, Rev. Eric Grubb who interned with us a few years ago is also on the board. Joining the board would mean having the special chance to work closely with some wonderful people.

If serving on the board is not your cup of tea, EFWM is also looking for a treasurer.

For more information and to apply, visit

<https://episcopalfarmworkerministry.org/about-us/staff-board/>

Never despair. One day the hurt will be taken away. The loss redeemed. The confusion cleared away like clouds parted by the sun. Your questions will be answered and your hopes fulfilled. Even if it seems impossible to you now, remember that future promise, for one day it will begin to happen. Your life will be made whole by a love that will not let you down or let you go: a love that will hold you as close as a mother holds her newborn child.

Steven Charleston



DOK Event: Ministering to our Elders

The Ruth and Ester chapter of the Daughters of the King will host Rev Colette Bachandat Trinity on Feb 11th at 1pm followed by a reception in the Parrish Hall. Several members of Trinity's DOK chapter attended a similar presentation and felt that we could benefit from Rev. Bachand's insight.

Rev. Bachand will focus on how to engage the spiritual needs of older adults, particularly families facing the challenges of Alzheimer's and dementia. We will gather ideas for positive aging experiences and tips on creating a dementia-friendly congregation.

Rev. Colette wrote *Do This, Remembering Me: The Spiritual Care of Those with Alzheimer's and Dementia*, was the 2017 presenter at the Episcopal Church Pension Group Regional gatherings of chaplains to retired clergy around the country, and is a certified dementia care practitioner. She served as rector at All Saints Episcopal Church in Whitman, MA, is a former hospice chaplain, has trained with "Dementia Friendly Massachusetts" and is a certified dementia specialist through "Positive Approach Dementia Care," as well as a trainer with the National Council of Certified Dementia Care Practitioners. In Massachusetts, Colette was the creator of the Episcopal Diocese of Massachusetts' Elder Ministry program. In 2017, she was guest presenter for the national Episcopal Church Pension Group's regional conferences of and has traveled to over 14 states training congregations and clergy in caring for people with dementia related diseases. Rev. Bachand is currently at Penick Village in Southern Pines.



Meeting the Spiritual Needs of People with Dementia & Other Age Related Diseases

Guest Speaker

Rev. Colette Bachand

Saturday, Feb. 11th, 1PM

Join us for a free seminar on how to meet the spiritual needs of aging adults.

TRINITY EPISCOPAL CHURCH

1128 S. Main St.

Fuquay-Varina, NC 27526

<https://www.trinityfuquay.org/>



Lord Jesus, certain words I've said and things I have done in the past are keeping me chained to regret. Please help me to forgive those who have harmed me and to forgive myself for harming others. This day, give me the courage to live a life that reflects Your forgiveness and healing. I am thankful for Your presence and the blessing of Your death and resurrection so I may have eternal life. Amen.

PAUL BANE & MATT LITTON
IN THE PRESENCE OF JESUS

Monthly Breakfast

On the first Saturday of every month, men and women of Trinity gather at the IHOP in Holly Springs for breakfast and fellowship.

Join the throng at 8:30am.



Sonnet Sequence with Todd Truffin

"Epiphany" by Malcolm Guite

It might have been just someone else's story,
Some chosen people get a special king.
We leave them to their own peculiar glory,
We don't belong, it doesn't mean a thing.
But when these three arrive they bring us with them,
Gentiles like us, their wisdom might be ours;
A steady step that finds an inner rhythm,
A pilgrim's eye that sees beyond the stars.
They did not know his name but still they sought him,
They came from elsewhere but still they found;
In temples they found those who sold and bought him,
But in the filthy stable, hallowed ground.
Their courage gives our questing hearts a voice
To seek, to find, to worship, to rejoice.



T.S. Eliot's famous Epiphany poem "Journey of the Magi" presents a portrait of a weary magi returning after having "a cold coming" and "a hard time." At the end of his journey, the Eliot's magi is "no longer at ease." Church of England priest Malcolm Guite begins his Epiphany poem instead with, perhaps, wariness. Why are we interested in a minor "chosen people" getting a new king? What has that to do with us?

The epiphany that Guite sees for us is that in the story of Wise Men seeking Jesus Christ the new born king, we see the Gospel opened up "gentiles like us." For us to experience the begotten Son that He who loved the world sent, we have to follow the example of those magi "to seek, to find, to worship, to rejoice." For "when these three arrive they bring us with them."

This Epiphany season, let us join the magi and follow the star wherever--otherwhere--it may lead us, even "in the filthy stable" to find "hallowed ground."

The Trinitarian needs YOU.

The newsletter is only as interesting as YOU make it.

You don't have to be an official leader of a Church Ministry to submit items to *The Trinitarian*. Celebrate life events with your church family: anniversaries of important events in your life, new jobs, remembrances of God's work in your life, new opportunities, blessings, etc.

Don't worry if you think your writing skills aren't ready for primetime, the editor will be happy to massage the knots out any tense prose.

Please email all news and articles to **Todd Truffin at tctruffin@gmail.com** (Pictures make the newsletter more interesting!) **The deadline for inclusion is the 20th of each month.**

Sunday Worship

Meeting in person at 8:00am and 10:30am every Sunday.

The 10:30am Service is LIVEstreamed on our **YouTube** channel **TECFV**.

You can also view past services there whenever you would like.

